

The Open Water Championship

Sanction # OH-18LC-01

June 27, 2018

Presented by Cincinnati Aquatic Club

SANCTION: This meet is held under the sanction of USA Swimming and Ohio Swimming, Inc.

RULES: The current USA Swimming open water rules will govern the Meet as outlined in Part Seven of the USA Swimming Rules and Regulations Handbook. *USA Swimming Rules 202.3.2 - At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.*

HOSTED BY: Cincinnati Aquatic Club
Visit our websites for up-to-date meet information: OhioOpenWater.com
LakeErieOpenWater.com AlleghenyMountainOpenWater.com

COMPETITION: The Open Water Championship serves as the LSC Open Water Championship for Ohio Swimming, Lake Erie Swimming, Allegheny Swimming, Kentucky Swimming, and Michigan Swimming. The competition will be organized according to these age classifications:

AGE	DISTANCE
15 & Over	4 Kilometer
13 - 14	3 Kilometer
11 - 12	2 Kilometer
10 & Under	1 Kilometer

Swimmers will compete as individuals. However, swimmers may also compete on relays. A relay consists of three (3) swimmers, in the same age group/same sex, from the same club. The cumulative finishing times of the three fastest swimmers in each age group/sex/club will make up the A relay. The second fastest cumulative times will make up the B relay, etc. The fastest cumulative time will be used to determine the winners and the place. Only the Top 2 Relays are eligible for Points & Awards.

LOCATION: The Meet will be conducted at Hueston Woods State Park – College Corner, OH, at Acton Lake Beach. This venue was the site of the 1996, 1999, and 2004 [Central Zones Open Water Championship](#). [Mapquest](#) (click), [Bing Maps](#) (click), GPS use 39.575482, -84.755903

COURSE: This lake course is a 1 Kilometer Course. One lap = 1 Kilometer.

SCHEDULE: *Wednesday, June 27, 2018*

13-14 and 15 & Over Age Groups

Check-In Begins: 9:00 am (Swimmers not checking in will be scratched)
Pre-Race Briefing: 9:30 am - (15&Over) 10:30 am (13-14):
Competition starts: 10:00 am (15 & Over) 11:00 am (13-14)

10 & Under and 11-12 Age Groups

Check-In Begins: 10:00 am (Swimmers not checking in will be scratched)
Pre-Race Briefing: 11:30 am
Competition starts: 12:00 noon (11-12) 12:50 pm (10&U)

Events will be swum in order. Events may be started prior to the completion of the previous event(s) at the discretion of the Referee. Details of the competition schedule will be discussed during the Clinic.

CHECK-IN Swimmers must report to the check-in table appropriate for their age and sex and report to the Meet Volunteer that they are present and prepared to swim. At that time the swimmers will be briefed regarding instructions for the competition deemed necessary.

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SAFETY

PROCEDURES:

There will be a mandatory Pre-Race Briefing held before competition begins to discuss the course, rules and safety procedures. The Referee **will** remove any swimmer from competition who does not attend the clinic or is found to be inattentive during the clinic. Course will be patrolled by qualified safety personnel.

ATHLETE

ATTITUDE:

Athlete conduct will be governed by Part Seven of the USA Swimming Rules and Regulations Handbook. Intentional obstruction, interference or intentional contact with another swimmer may be deemed "Unsporting Impedance" and lead to disqualification. Swimmers shall maintain clearance from other swimmers except at the start, turn, and the finish or where the course or race conditions dictate otherwise. *Parents and swimmers should be advised there are a significant number of entrants, open water swimming may be expected to involve inadvertent contact with other swimmers. It is important that swimmers keep a cool head while in the water.*

ELIGIBILITY:

Swimmer(s) must be registered with Ohio//Lake Erie/Alleghany Mountain/Kentucky/Michigan Swimming to be accepted into this meet. Age as of June 27, 2018 shall determine the swimmer's age for the Open Water Championships. Swimmers shall have the National BB time for the 200/400/500 freestyle distance for his or her age group (see page 5). This cut shall have been achieved during any USA Swimming sanctioned event since January 1, 2017 through the Entry Deadline. Pre and or post verification of the entry times is not required. Registered athletes from other LSCs may enter as Unattached Swimmers.

ENTRY FEES:

\$30.00 per individual event – non-refundable, plus \$2.00 Ohio Swimming Surcharge*. Teams submitting entries for three or more swimmers per event will be eligible for relay competition. Relay fees are **free** per each group of three swimmers, per age group, per event, per team. There is no limit on the number of team relays, but only the top 2 relays per team per event will score.

Please make checks payable to Cincinnati Aquatic Club

If any team has unpaid fees at the start of competition, the entire team will be scratched.

ENTRY CHAIR:

Please submit all Hy-tek Team Manager entries via e-mail (preferred) or paper entry form on page 6 of this packet via US Mail, USA Swimming certification, and fees to: Mike Rice, 7425 Algonquin Drive, Cincinnati, Ohio 45243 – MeetEntry@swimcincinnati.org The hardcopies of entries, membership certification, and check should be sent via us mail to the same address.

ENTRY PROCEDURES

& DEADLINE

Entries and Fees must be received on or before June 18, 2018. *Hard copy entries must be received by Monday, June 18, 2018.* We encourage HYTEK entries. The HYTEK entries must be sent via Email to MeetEntry@swimcincinnati.org, and with a print out to the entry chairperson at the address listed below, or (b) Manual Entry Form on page 6 of this packet.

Host will send an Entry Report and Exception report (if any) back to entering club/unattached swimmer by Wednesday, June 20th at 8:00 p.m. via e-mail.

The e-mailed Entry Report sent to you confirming your entry, along with all subsequent Entry Reports notifying you of changed or updated entries, shall be the official record of your entry. No other information will be considered if there is an entry error or discrepancy.

There will be no deck entries allowed for this meet. NT (No Time) Entries will not be accepted.

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IMPORTANT REMINDER

Entering clubs/swimmers need to remember to check all data BEFORE submitting. Entering club with unattached swimmer also needs to check all entry reports (and any exception reports) that the host returns. It is the responsibility of the entering club/unattached swimmer to heed deadlines and be responsible for the accuracy of club entries.

- START/FINISH** An “in-water” start and a “beach finish” will be used for each individual event.
- TIMING SYSTEM** A Timing System will be provided.
- TIME LIMITS** Time Limits - swimmers must finish within 30 minutes of the first swimmer in their event to be eligible for scoring and award.
- ENTRY CHAIR** Mike Rice, 7425 Algonquin Drive, Cincinnati, Ohio 45243
(513) 984-5255 (work), (513) 272-1221 (home), MeetEntry@swimcincinnati.org
- MEET DIRECTOR:** Mike Rice, 7425 Algonquin Drive, Cincinnati, OH 45243
(513) 984-5255 (work), (513) 272-1221 (home)
All questions should be directed to: MeetDirector@swimcincinnati.org
- MEET REFEREE** Scott Tengen, (513) 702-1969, scott@thetengens.com
- ADMIN REFEREES** Anissa Kanzari, Patrick Cassidy
- INDEPENDENT SAFETY MONITOR** Tom Mantkowski, tmantkowski@mindspring.com
- OFFICIALS** We welcome all USA Swimming Certified Officials, and you may receive your certification as an Open Water Judge or Open Water Referee at this meet. Please refer to the Ohio Swimming website for complete certification requirements. The on-line tests for Open Water Judge and Open Water Referee can be found on the USA Swimming website in the Officials Section.
- SCORING:** Individual events will be scored as follows:
20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
- Relay events will be scored as follows:
40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2
- Team competition will be scored as follows:
The combined points scored by attached members of the team shall determine the team score.
- AWARDS:**
- | | |
|--|---|
| <u>Individual Events:</u>
1 st through 16 th place will receive medals. | <u>Relay Events:</u>
1 st through 3 ^d place will receive medals. |
| <u>Team Awards:</u>
1 st through 3 rd place will receive plaques | <u>Bonus Awards (Ohio LSC):</u> – Provided by TYR
Individual Event Winner – TYR Jacket
Relay Event Winner – TYR Swim Backpack |
| <u>Ceremony:</u>
The awards ceremony will be conducted at the conclusion of each Age Group | |

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**GENERAL
ADMISSION:**

There is no admission fee for this Ohio LSC Championship Meet. (Free is good).

**MEET WARM-UP
PROCEDURES:**

An area adjacent to the competition will be available for continuous warm-up and warm-down during competition. Swimmers found in the water outside of the designated area and not engaged in competition will be scratched from the meet regardless of whether or not they have completed their events

PROGRAMS:

Psych sheets will be available on-line at OhioOpenWater.com

FINAL RESULTS:

Final results and Hy-tek Team Manager Results file will be posted to OhioOpenWater.com

REFRESHMENTS:

Concessions will be provided

: Parking is free with over 500 spaces available (Free is good).

OTHER ACTIVITIES: Stay tuned for 2018 Activities!

In previous years, activities included:

→ 2012 – 5 LSC Open Water Select Camp (KY/OH/WV/LE/IN)

→ 2007 – Swim Clinics conducted by 10-time National Open Water Erica Rose

→ 2005 & 2006 – Swim Clinics conducted by 12-time Olympic Medalist Dara Torres

→ 2005 & 2006 – Toyota Summer Splash Tour

RECORDING DEVICES

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

CHANGING AREAS

Except where venue facilities require otherwise, changing into or out of swimsuits other than locker rooms or changing facilities, or other designated areas, **is prohibited.**

DISABILITY ATHLETES

We welcome registered athletes with cognitive or physical disabilities, and the Referee will make reasonable accommodations to facilitate participation. We request you notify the Meet Director or the Meet Referee in advance, to allow us to understand the nature of any accommodation being requested.

OUTREACH ATHLETES

We welcome Registered Outreach Athletes to participate, and we willing to waive the entry fee and Ohio Swimming Surcharges, provided the athlete has been registered by the LSC as an Outreach Athlete.

DRONES

Operation of a drone, or any other flying apparatus, is prohibited over the venue (beach, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present

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OPEN WATER EVENTS

BOYS EVENT #	AGE	DIST	TYPE	GIRLS EVENT #
1	15 & Over	4 Kilometer	Individual	2
3	13-14	3 Kilometer	Individual	4
5	11-12	2 Kilometer	Individual	6
7	10 & Under	1 Kilometer	Individual	8
1R	15 & Over	12 Kilometer	Relay	2R
3R	13-14	9 Kilometer	Relay	4R
5R	11-12	6 Kilometer	Relay	6R
7R	10 & Under	3 Kilometer	Relay	8R

TIME STANDARDS

Girls

National BB Cut

Boys

National BB Cut

SCM	LCM	SCY	EVENT	SCY	LCM	SCM
			10 & Under			
3:15.99	3:20.99	2:57.39	200 Free	2:47.99	3:12.09	3:05.69
			11 & 12			
5:48.69	5:56.49	6:38.39	400 / 500 Free	6:27.49	5:48.69	5:39.09
			13 & 14			
5:32.69	5:40.89	6:20.09	400 / 500 Free	5:58.99	5:24.09	5:14.19
			15 & Over			
5:25.59	5:32.89	6:12.09	400 / 500 Free	5:45.99	5:09.89	5:02.79

Source: 2017 – 2020 USA Swimming National Age Group Motivational Times

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Team: _____ Code: _____ **OPEN WATER ENTRY FORM (Manual Entries Only)**

In each box below, put: <u>NAME on the top line,</u> ID # underneath	Event #			1	2	3	4	5	6	7	8
	Event			Girls 10&U	Boys 10&U	Girls 11- 12	Boys 11- 12	Girls 13-14	Boys 13-14	Girls 15&O	Boys 15&O
	Age	Relay Y/N	Course SCY SCM LCM								
Jane F Smith											
092002JANFSMIT	15	N	SCY							5:01.99	

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ENTRY SUMMARY

Please fill out the information requested below and submit with your payment. **Make checks payable to Cincinnati Aquatic Club.** Thank you.

Send to: **Mike Rice**
 Entry Chair
 7425 Algonquin Drive
 Cincinnati, OH 45243
 MeetDirector@swimcincinnati.org

NAME OF CLUB _____		CODE _____			
Number of individual entries: _____	X	\$30.00	=	_____	
Number of Relay entries: _____	X	\$ 0.00	=	_____	
Number of Swimmers – Ohio Swimming surcharges _____	X	\$ 2.00	=	_____	

TOTAL AMOUNT ENCLOSED: _____

Club Official Submitting Entry:	Coaches:
Name: _____	_____
Address: _____	_____
City: _____	_____
State: _____ Zip: _____	Head Coach E-mail Address: _____
Daytime Phone: () _____	Club Official E-mail: _____

Release and Hold Harmless Agreement

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assigns, hereby releases and forever discharges the host club, Ohio Swimming Inc., and its Board of Directors, USA Swimming, Ohio Department of Parks and Recreation and each of their respective officers, agents, employees, members, successors, and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further, the undersigned shall indemnify and hold harmless the host club and Ohio Swimming, USA Swimming, Ohio Dept of Parks and Recreation and the officers, trustees, agents, employees, and members of the foregoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Signature of Club Official/Coach _____ **Date** _____

*You may have one designated spokesperson for your team to talk to the referee or Clerk-of-Course. The coach would be the logical person. Please list the name of your spokesperson: _____

Did you include?

	Entries in Writing
	Check for entries and surcharges
	This completed form

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USA SWIMMING MEMBERSHIP MEET ENTRY FORM

Meet Name: The Open Water Championship
Location: Hueston Woods State Park – Acton Lake, College Corner, OH
Date: Wednesday, June 27, 2018

PLEASE RETURN THIS FORM WITH YOUR ENTRY FORMS

The undersigned team representative certifies by his/her signature that all athletes participating for or entered by the team in this sanctioned swim meet are currently member athletes of USA Swimming, Inc. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

TEAM: _____

PRINTED NAME: _____

SIGNATURE: _____

DATE: _____